


# JANUARY 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
						1
				COVENANT CALENDAR MONTH AND DAY →		10/17
2	3	4	5	6	7	8
10/18	10/19	10/20	10/21	10/22	10/23	10/24
9	10	11	12	13	14	15
10/25	10/26	10/27	10/28	BEGINNING OF MONTH →		 Rosh Chodesh
16	17	18	19	20	21	22
11/02	11/03	11/04	11/05	11/06	11/07	11/08
23	24	25	26	27	28	29
11/09	11/10	11/11	11/12	11/13	11/14	11/15
30	31					
11/16	11/17					



## TORAH TO THE TRIBES

### TORAH PORTIONS

1/1/22

ואֵרָא -VAERA / (YAHUAH) appeared

Exod 6:2-9:35; Ezek 28:25-29:21; Rev 16:1-21

1/8/22

בֹּא -BO Enter!

Exod 10:1-13:16; Jer 46:13-28; Rom 9:14-29

1/15/22

בְּשַׁלַּח -B'SHALACH When he (Pharaoh) let go

Exod 13:17-17:16; Jdg 4:4-5:31;

Rev 10:1-20:6

1/22/22

יִתְרוֹ -YITRO Jethro/abundance

Exod 18:1-20:26; Isa 6:1-7:6; 9:6-7; Matt 5:8-20

1/29/22

מִשְׁפָּטִים -MISHPATIM Judgments

Exod 21:1-24:18; Jer 34:8-22; 33:25-26;

Matt 17:1-11

# FEBRUARY 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
		1	2	3	4	5
		11/18	11/19	11/20	11/21	11/22
6	7	8	9	10	11	12
11/23	11/24	11/25	11/26	11/27	11/28	11/29
13	14 Rosh Chodesh	15	16	17	18	19
11/30		12/02	12/03	12/04	12/05	12/06
20	21	22	23	24	25	26
12/07	12/08	12/09	12/10	12/11	12/12	12/13
27	28					
12/14	12/15					



## TORAH TO THE TRIBES

### TORAH PORTIONS

**2/5/22**

**תְּרוּמָה-T'RUMAH** Offering

Exod 25:1-27:19; 1 Ki 5:26-6:13;  
2 Cor 9:1-15

**2/12/22**

**תְּצַוֶּה-T'TSAVEH** You shall command

Exod 27:20-30:10; Ezek 43:10-27;  
Heb 13:10-16

**2/19/22**

**כִּי תִסָּא-KI TISA** When you elevate

30:11-34:35; 1 Ki 18:1-39; 2 Cor 3:1-18

**2/26/22**

**וַיַּקְהֵל-VAYAKHEL** He assembled

Exod 35:1-38:20; 1 Ki 7:13-26, 40-50;  
Heb 9:1-11

# MARCH 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
		1	2	3	4	5
		12/16	12/17	12/18	12/19	12/20
6	7	8	9	10	11	12
12/21	12/22	12/23	12/24	12/25	12/26	12/27
13	14	15	16	17	18	19
12/28	12/29	12/30	Balancing Day	Balancing Day	Balancing Day	Balancing Day
20	21	22	23	24	25	26
Vernal Equinox	Rosh Chodesh	01/02	01/03	01/04	01/05	01/06
27	28	29	30	31		
01/07	01/08	01/09	01/10	01/11		

Rosh Chodesh in Hebrew means the beginning of a month. The first day to the year begins the day after the vernal equinox (tequafah) and the first month of the year was named Abib. (Exo 12:2, 13:4)



## TORAH TO THE TRIBES

### TORAH PORTIONS

3/5/22

פְּקוּדֵי - P'KUDEI *Accountings of*  
Exod 38:21-40:38; 1 Ki 7:51-8:21;  
Heb 8:1-12

3/12/22

וַיִּקְרָא - VAYIKRA *He called*  
Leviticus 1:1-6:7; Isa 43:21-44:23;  
Heb 10:1-18























3/19/22

צַו - TSAV *Command!*  
Lev 6:8-8:36; Jer 7:21-8:3; 9:23-24; Heb  
9:11-28

3/26/22

שְׁמִינִי - SH'MINI *Eighth*  
Lev 9:1-11:47; 2 Sam 6:1-7:17; Heb 7:1-19

# APRIL 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
					1	2
					01/12	01/13
<b>Pesach</b> 01/14 <sup>3</sup>	1 <sup>st</sup> Day of UL Bread 01/15 <sup>4</sup>	2 <sup>nd</sup> Day of UL Bread 01/16 <sup>5</sup>	3 <sup>rd</sup> Day of UL Bread 01/17 <sup>6</sup>	4 <sup>th</sup> Day of UL Bread 01/18 <sup>7</sup>	5 <sup>th</sup> Day of UL Bread 01/19 <sup>8</sup>	6 <sup>th</sup> Day of UL Bread 01/20 <sup>9</sup>
<b>Wave Sheaf</b> 01/21 <sup>10</sup> 	<sup>2</sup> <sup>11</sup> 01/22 	<sup>3</sup> <sup>12</sup> 01/23 	<sup>4</sup> <sup>13</sup> 01/24 	<sup>5</sup> <sup>14</sup> 01/25 	<sup>6</sup> <sup>15</sup> 01/26 	<sup>7</sup> <sup>16</sup> 01/27 
<sup>8</sup> <sup>17</sup> 01/28 	<sup>9</sup> <sup>18</sup> 01/29 	<sup>10</sup> <sup>19</sup> 01/30 	 <sup>20</sup> Rosh Chodesh 	<sup>12</sup> <sup>21</sup> 02/02 	<sup>13</sup> <sup>22</sup> 02/03 	<sup>14</sup> <sup>23</sup> 02/04 
<sup>15</sup> <sup>24</sup> 02/05 	<sup>16</sup> <sup>25</sup> 02/06 	<sup>17</sup> <sup>26</sup> 02/07 	<sup>18</sup> <sup>27</sup> 02/08 	<sup>19</sup> <sup>28</sup> 02/09 	<sup>20</sup> <sup>29</sup> 02/10 	<sup>21</sup> <sup>30</sup> 02/11 

## Omer Count

Count 50 days to Shavuot from the day of the wave sheaf offering



## TORAH TO THE TRIBES

### TORAH PORTIONS

4/2/22

פסח-PESACH *Passover*

Exo 12:21-51; Josh 3:5-7, 5:2-6:1, 6:27;  
John 19:31-20:1; Songs of Songs

4/9/22

ח' פסח-SHEMINI SHEL PESACH *Eight Day of*

*Passover* Deu 14:22-16:17; Isa 10:32-12:6;  
John 20:15-20

4/16/22

תזריע-TAZRIA *She bears seed*

Lev 12:1-13:59; 2 Ki 4:42-5:19; Lk 7:18-35

4/23/22

מצרע-M'TSORA *Infected one*

Lev 14:1-15:33; 2 Ki 7:3-20; Matt 23:16-24:2, 30-31

4/30/22

מית אחריו-ACHAREI MOT *After the death*

Lev 16:1-18:30; Amos 9:7-15; Ezek 22:1-16; 1 Cor 6:9-20

# MAY 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
22 <sup>1</sup> 02/12	23 <sup>2</sup> 02/13	24 <sup>3</sup> 02/14	25 <sup>4</sup> 02/15	26 <sup>5</sup> 02/16	27 <sup>6</sup> 02/17	28 <sup>7</sup> 02/18
29 <sup>8</sup> 02/19	30 <sup>9</sup> 02/20	31 <sup>10</sup> 02/21	32 <sup>11</sup> 02/22	33 <sup>12</sup> 02/23	34 <sup>13</sup> 02/24	35 <sup>14</sup> 02/25
36 <sup>15</sup> 02/26	37 <sup>16</sup> 02/27	38 <sup>17</sup> 02/28	39 <sup>18</sup> 02/29	40 <sup>19</sup> 02/30	41 <sup>20</sup> Rosh Chodesh	42 <sup>21</sup> 03/02
43 <sup>22</sup> 03/03	44 <sup>23</sup> 03/04	45 <sup>24</sup> 03/05	46 <sup>25</sup> 03/06	47 <sup>26</sup> 03/07	48 <sup>27</sup> 03/08	49 <sup>28</sup> 03/09
50 <sup>29</sup> Shavuot 03/10	30 03/11	31 03/12				

## Omer Count

Count 50 days to Shavuot from the day of the wave sheaf offering



## TORAH TO THE TRIBES

### TORAH PORTIONS

5/7/22

קדושים-K'DOSHIM *Holy ones*

Lev 19:1-20:27; Ezek 20:2-20; 22:1-16;  
Amos 9:7-15; Matt 5:43-48

5/14/22

אמר-EMOR *Say!*

Lev 21:1-24:23; Ezek 44:15-31; Lk 14:12-24

5/21/22

בהר-B'HAR *on Mount (Sinai)*


Lev 25:1-26:2; Jer 32:6-27; Lk 4:16-21

5/28/22

בחוקתי-B'CHUKOTAI *In My statutes*

26:3-27:34; Jer 16:19-17:14;  
Matt 22:1-14

# JUNE 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
			1 03/13	2 03/14	3 03/15	4 03/16
5 03/17	6 03/18	7 03/19	8 03/20	9 03/21	10 03/22	11 03/23
12 03/24	13 03/25	14 03/26	15 03/27	16 03/28	17 03/29	18 03/30
 19 Rosh Chodesh	20 04/02	21 04/03	22 04/04	23 04/05	24 04/06	25 04/07
26 04/08	27 04/09	28 04/10	29 04/11	30 04/12		



## TORAH TO THE TRIBES

### TORAH PORTIONS

**6/4/22**

**במדבר-BAMIDBAR** *In the wilderness*

Numbers 1:1-4:20; Hos 1:10-2:20; Rom 9:22-33

**6/11/22**

**נשא-NASO** *Elevate!*

Num 4:21-7:89; Jdg 13:2-25; Jn 12:20-36

**6/18/22**

**בהעלותך-B'HA'ALOT'CHA** *When you set up*

Num 8:1-12:16; Zech 2:10-4:7; Rev 11:1-19

**6/25/22**

**שלח-SH'LACH L'CHA** *Send*

Num 13:1-15:41; Josh 2:1-24; Heb 3:7-4:11

# JULY 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
					1	2
					04/13	04/14
3	4	5	6	7	8	9
04/15	04/16	04/17	04/18	04/19	04/20	04/21
10	11	12	13	14	15	16
04/22	04/23	04/24	04/25	04/26	04/27	04/28
17	18	19	20	21	22	23
04/29	04/30	 Rosh Chodesh	05/02	05/03	05/04	05/05
24	25	26	27	28	29	30
05/06	05/07	05/08	05/09	05/10	05/11	05/12
31						
05/13						



## TORAH TO THE TRIBES

### TORAH PORTIONS

7/2/22

קרח-KORACH *Korah*

Num 16:1-18:32; 1 Sam 11:14-12:22; Acts 5:1-11

7/9/22

חוקת-CHUKAT *Statute of*

Num 19:1-22:1; Jdg 11:1-33; Jn 3:1-21

7/16/22

בלק-BALAK *Balak/destroyer*

Num 22:2-25:9; Mic 5:7-6:8; Rom 11:25-32

7/23/22

פינחס-PIN'CHAS *Phinehas/dark-skinned*

Num 25:10-29:40; 1 Ki 18:46-19:21; Rev 19:11-21

7/30/22

משות-MATOT *Tribes*

Num 30:1-32:42; Jer 1:1-2:3; Acts 9:1-22; Jacob/Jas 4:1-10

מסעי-MAS'EI *Journeys of*

Numbers 33:1-36:13; Jer 2:4-28; 3:4; 4:1-2; Jacob/Jas 4:1-10

# AUGUST 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
	1 05/14	2 05/15	3 05/16	4 05/17	5 05/18	6 05/19
7 05/20	8 05/21	9 05/22	10 05/23	11 05/24	12 05/25	13 05/26
14 05/27	15 05/28	16 05/29	17 05/30	18 06/01 Rosh Chodesh	19 06/02	20 06/03
21 06/04	22 06/05	23 06/06	24 06/07	25 06/08	26 06/09	27 06/10
28 06/11	29 06/12	30 06/13	31 06/14			



## TORAH TO THE TRIBES

### TORAH PORTIONS

8/6/22

דְּבָרִים-D'VARIM Words

Deuteronomy 1:1-3:22; Isa 1:1-27;

Acts 7:51-8:4

8/13/22

וַאֲתַחֲנֶנּוּ-VAET'CHANAN I pleaded

Deut 3:23-7:11; Isa 40:1-26; Matt 23:31-39

8/20/22

עֵקֶב-EKEV As a result

Deut 7:12-11:25; Isa 49:14-51:3;

Heb 11:8-13

8/27/22

רְאֵה-R'EH See!

Deut 11:26-16:17; Isa 54:11-55:5;

Jn 7:37-52



# SEPTEMBER 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
				1	2	3
				06/15	06/16	06/17
4	5	6	7	8	9	10
06/18	06/19	06/20	06/21	06/22	06/23	06/24
11	12	13	14	15	16	17
06/25	06/26	06/27	06/28	06/29	06/30	Yom Teruah
18	19	20	21	22	23	24
07/02	07/03	07/04	07/05	07/06	07/07	07/08
25	Yom Kippur 26	27	28	29	30	
07/09	07/10	07/11	07/12	07/13	07/14	



## TORAH TO THE TRIBES

### TORAH PORTIONS

9/3/22

שופטים-SHOF'TIM *Judges*

Deut 16:18-21:9; Isa 51:12-52:12;

Matt 3:1-17

9/10/22

כי תצא-KI TETSE *When you go out*

Deut 21:10-25:19; Isa 54:1-10; 1 Cor 5:1-5

9/17/22

כי תבוא-KI TAVO *When you enter in*

Deut 26:1-29:9; Isa 60:1-22; Lk 24:44-53


9/24/22

נצבים-NITSAVIM *Standing*

Deut 29:10-30:20; Isa 61:10-63:9;

Jn 15:1-11

# OCTOBER 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
						1 <sup>st</sup> Miqra 1 Kodesh 07/15
2 Sukkot 07/16	3 Sukkot 07/17	4 Sukkot 07/18	5 Sukkot 07/19	6 Sukkot 07/20	7 Sukkot 07/21	8 <sup>th</sup> Miqra 8 Kodesh 07/22
9 07/23	10 07/24	11 07/25	12 07/26	13 07/27	14 07/28	15 07/29
16 07/30	 17 Rosh Chodesh	18 08/02	19 08/03	20 08/04	21 08/05	22 08/06
23 08/07	24 08/08	25 08/09	26 08/10	27 08/11	28 08/12	29 08/13
30 08/14	31 08/15					



## TORAH TO THE TRIBES

### TORAH PORTIONS

10/1/22

וַיֵּלֶךְ -VAYELECH *He went*

Deut 31:1-30; Hos 14:2-10; Joel 2:15-27;  
Mic 7:18-20; Rom 10:1-17

10/8/22

סֻכּוֹת -SUKKOT *Feast of Tabernacles*

Exo 33:121-32:52; Eze 38:18-39:16;  
John 7:31-43; Ecclesiastes

10/15/22

הָאָזִינוּ -HA'AZINU *Give ear*

Deut 32:1-52; 2 Sam 22:1-51; Rom 10:17-  
11:12; 12:19, 15:9-10

זֶה הַבְּרָכָה וְזֶה הַבְּרִכָּה -V'ZOT HAB'RACHAH *This is the  
blessing* Deut 33:1-34:12; Josh 1:1-18; Rev  
21:9-22:5

10/22/22

הַבְּרִישֵׁת -B'REISHEET *In the beginning*


Genesis 1:1-6:8; Isa 42:5-43:10; Rev 22:6-21

10/29/22

נֹחַ -NOACH *Noah/rest*

Gen 6:9-11:32; Isa 54:1-55:5; Matt 24:36-46

# NOVEMBER 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
		1	2	3	4	5
		08/16	08/17	08/18	08/19	08/20
6	7	8	9	10	11	12
08/21	08/22	08/23	08/24	08/25	08/26	08/27
13	14	15	16	17	18	19
08/28	08/29	08/30	 Rosh Chodesh	09/02	09/03	09/04
20	21	22	23	24	25	26
09/05	09/06	09/07	09/08	09/09	09/10	09/11
27	28	29	30			
09/12	09/13	09/14	09/15			



## TORAH TO THE TRIBES

### TORAH PORTIONS

11/5/22

לך לך -LECH L'CHA *Go forth*

Gen 12:1-17:27; Isa 40:27-41:16;  
Rom 4:1-25

11/5/22

ויראה -VAYERA *Appeared*

Gen 18:1-22:24; 2 Ki 4:1-37; Lk 1:26-38;  
Lk 24:36-53

11/19/22

חיי שרה -CHAYEI SARAH *Life of Sarah*

Gen 23:1-25:18; 1 Ki 1:1-31; Matt 1:1-17

11/26/22

תולדות -TOL'DOT *Generations*

Gen 25:19-28:9; Mal 1:1-2:7; Rom 9:1-13

# DECEMBER 2022

Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Shabbat
				1	2	3
				09/16	09/17	09/18
4	5	6	7	8	9	10
09/19	09/20	09/21	09/22	09/23	09/24	09/25
11	12	13	14	15	16	17
09/26	09/27	09/28	09/29	09/30	Rosh Chodesh	10/02
18	19	20	21	22	23	24
10/03	10/04	10/05	10/06	10/07	10/08	10/09
25	26	27	28	29	30	31
10/10	10/11	10/12	10/13	10/14	10/15	10/16



## TORAH TO THE TRIBES

### TORAH PORTIONS

**12/3/22**

**וַיֵּצֵא-VAYETSE** *He went out*

Gen 28:10-32:2; Hos 11:7-4:9; Jn 1:10-51

**12/10/22**

**וַיִּשְׁלַח-VAYISHLACH** *He sent*

Gen 32:3-36:43; Obad 1:1-21; Heb 11:11-20

**12/17/22**

**וַיַּשְׁבֵּה-VAYESHEV** *He settled*

Gen 37:1-40:23; Amos 2:6-3:8;

Matt 1:1-6, 16-25

**12/24/22**

**מִקֵּץ-MIKETZ** *At the end of*

Gen 41:1-44:17; 1 Ki 3:15-4:1;

Matt 27:15-46

**12/31/22**

**וַיִּגַּשׁ-VAYIGASH** *He drew near*

Gen 44:18-47:27; Ezek 37:15-28; Lk

6:12-16